

Crew Off Duty

GMT	Crew	Activity
06:00-06:10		Morning inspection
06:10-06:25		Post-sleep
06:25-06:50		TV - 55th Frankfurt International Book Fair Welcome Message - TEST (To=06.23, T1,T2,T3 from Automated daily timeline (СПП))
06:50-07:40		BREAKFAST
07:40-08:10		Weekend housekeeping
08:10-08:30		TV - 55th Frankfurt International Book Fair Welcome Message (To=07.58, T1,T2,T3 from Automated daily timeline (СПП))
08:30-11:00		Weekend housekeeping
11:00-11:30	FE-1	All PCS reboot (once a week)
11:10-12:10	CDR	Physical exercise (TVIS-1)
11:30-11:35	FE-1	Automatic IMS file import/export
12:10-13:10		Lunch
13:10-13:40		Weekly planning conference (<i>S-band</i>)
13:40-14:00		Weekly crew conference with ISS Program management (<i>S-band</i>)
14:00-14:40	CDR	Maintenance of COX
16:00-17:15	FE-1	Physical exercise (TVIS)
16:35-16:50	CDR	Private family conference (<i>S+Ku-band</i>)
17:27-17:42	FE-1	Private family conference (<i>S-band</i>)
18:00-19:15		Physical exercise (RED)
18:00-19:30	CDR	Physical exercise (TVIS-1)
19:30-20:00		Dinner
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-6:00		SLEEP
Task List	CDR	Transfer of the second subset of translational hand controller (РУД) and rotational hand controller (PYO) from Soyuz 6 right seat ПГ container to ISS RS
		Molniya SM. Copying measurement data to HDD

Note: See OSTP for references to US activities.

End of radiogram